The Adolescent Identity Crisis of Huckleberry Finn: A Psychoanalytic Perspective

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Abstract—This article investigates the adolescent identity crisis of Huckleberry Finn, the central character in Mark Twain's *The Adventures of Huckleberry Finn,* through a psychoanalytic lens. The analysis aims to uncover the intricacies of Huck's search for self-identity amidst the societal and personal conflicts that define his journey.

Employing both Freudian and Eriksonian psychoanalytic theories, the article delves into Huck's developmental struggles and moral dilemmas. Freudian concepts such as the id, ego, and superego are used to dissect Huck's internal conflicts, while Erikson's stages of psychosocial development, particularly the stage of identity vs. role confusion, provide a framework for understanding Huck's adolescent crisis. The analysis highlights key moments where Huck confronts societal expectations and personal beliefs, such as his decision to help Jim escape from slavery, which represents a significant moral and identity-based conflict. Huck's relationships with key characters, including Jim and Tom Sawyer, are examined to show their impact on his identity formation and self-perception.

The study concludes that Huck's journey is marked by significant growth in self-awareness and moral understanding, leading to a resolution of his identity crisis by the end of the novel. This resolution is indicative of his successful navigation through the challenges of adolescence, influenced by both internal and external factors. The article posits that Huck's experiences provide valuable insights into the adolescent search for identity and demonstrate the utility of psychoanalytic theory in literary analysis, offering a deeper understanding of character development and the human psyche in literature.

Keywords: Adolescence, Identity Crisis, Psychoanalytic Perspective, Freudian Theory, Eriksonian Stages, Character Development, Moral Dilemmas, Self-Discovery

I. INTRODUCTION

Background: Mark Twain's *The Adventures of Huckleberry Finn*, first published in 1884, is often hailed as a cornerstone of American literature. Its significance extends beyond its narrative, as it provides a critical lens through which to examine the social, racial, and moral issues of the antebellum South. The novel follows the journey of Huckleberry Finn, a young boy who escapes his abusive father and embarks on a voyage down the Mississippi River with Jim, a runaway slave. Through Huck's adventures, Twain explores themes of freedom, friendship, and the moral dilemmas that challenge societal norms. The novel's use of vernacular language, rich characterizations, and satirical undertones have sparked extensive scholarly debate, securing its place as a pivotal work in the American literary canon (Smith 45).

Adolescence and Identity: Adolescence is a transformative period marked by the quest for self-identity and personal understanding. Erik Erikson, a renowned psychoanalyst, describes this stage as a time of identity versus role confusion, where individuals must navigate the complexities of their emerging self-concept within the broader social context (Erikson 92). Adolescents often face conflicting demands and expectations from society, family, and peers, which can lead to significant inner turmoil and growth. In *The Adventures of Huckleberry Finn*, Huck's journey epitomizes this struggle. His adventures and moral quandaries serve as a microcosm of the adolescent experience, highlighting the tension between societal expectations and personal beliefs.

Purpose: This article aims to delve into the adolescent identity crisis experienced by Huckleberry Finn through the lens of psychoanalytic theory. By employing the frameworks of Sigmund Freud and Erik Erikson, this analysis seeks to unravel the complex layers of Huck's identity formation. Freudian concepts such as the id, ego, and superego will be used to explore Huck's internal

conflicts, while Erikson's theory of psychosocial development will provide a broader context for understanding his developmental challenges. The article will examine key moments in Huck's journey, including his moral decisions, relationships, and the influence of societal norms, to illustrate his struggle with identity and self-awareness. Through this psychoanalytic perspective, the study aims to offer a deeper understanding of Huck's character development and the broader implications of adolescent identity formation in literature (Jones 110).

II. LITERATURE REVIEW

Psychoanalytic Theory

Psychoanalytic theory, developed by Sigmund Freud and expanded upon by Erik Erikson, provides valuable frameworks for understanding identity formation in adolescents. Freud's theory emphasizes the role of unconscious desires and conflicts in shaping personality development. Central to Freudian theory are the stages of psychosexual development (oral, anal, phallic, latency, genital), where each stage represents a different focus of pleasure and potential conflict. Freud also introduced the structural model of the psyche, comprising the id (primitive instincts), ego (reality-oriented), and superego (internalized morals), which interact dynamically to shape behavior and identity (Freud 1923).

Erik Erikson expanded on Freud's work with his stages of psychosocial development, which span across the entire lifespan. Of particular relevance to adolescence is Erikson's stage of identity versus role confusion, occurring during adolescence, where individuals explore and define their personal identity in relation to societal expectations and roles. This stage is marked by the quest for a cohesive self-concept and a sense of continuity and fidelity to one's values (Erikson 1963).

Previous Studies

Previous scholarship on *The Adventures of Huckleberry Finn*has explored various themes, including race, freedom, and the moral growth of the protagonist. However, there remains a significant gap in literature concerning the psychoanalytic analysis of Huck Finn's identity formation during adolescence. Existing studies often touch upon Huck's moral dilemmas and societal challenges but frequently lack a comprehensive psychoanalytic framework that integrates Freudian and Eriksonian perspectives to explore Huck's internal conflicts and developmental trajectory (Smith 1998).

Gap in Literature

This article aims to fill the gap in existing literature by providing a detailed psychoanalytic examination of Huck Finn's identity crisis. While previous studies have analyzed Huck's moral decisions and social conflicts, there is a notable absence of in-depth exploration using psychoanalytic theories to understand his psychological development. By applying Freudian concepts such as the id, ego, and superego, as well as Erikson's stage of identity formation, this study seeks to elucidate the complexities of Huck's internal struggles and their implications for his growth and self-awareness. Additionally, the article will contribute to broader discussions on adolescent identity formation in literature, underscoring the relevance of psychoanalytic theory in understanding character development and the human psyche in literary contexts (Jones 2004).

Theoretical Framework

Freudian Concepts

Sigmund Freud's psychoanalytic theory provides a foundational framework for understanding human behavior and personality development, particularly through the concepts of the id, ego, and superego. According to Freud, these three components of the psyche interact dynamically to shape an individual's thoughts, behaviors, and sense of self (Freud 1923).

The id represents instinctual drives and operates on the pleasure principle, seeking immediate gratification without regard for consequences. In *The Adventures of Huckleberry Finn*, Huck's id-driven impulses are evident in his spontaneous decisions and

actions, such as his decision to help Jim escape from captivity, driven by his immediate emotional response to Jim's plight (Freud 1923).

The **ego**, on the other hand, develops from the id and operates on the reality principle, mediating between the demands of the id, the constraints of reality, and the moral standards of the superego. Huck's ego is portrayed through his rationalizations and negotiations with his conscience, particularly as he grapples with the societal norms that dictate his treatment of Jim and his own moral judgments (Freud 1923).

The **superego** represents the internalized moral standards and ideals, largely influenced by societal norms and parental guidance. Throughout Huck's journey, the superego manifests in his internal conflicts over the morality of his actions, such as his struggle with the decision to betray Jim's whereabouts to the authorities (Freud 1923).

By applying Freudian concepts to Huck's character, this theoretical framework illuminates the internal conflicts and psychological complexities that drive his actions and decisions throughout the novel, offering deeper insights into his identity formation and moral development.

Eriksonian Stages

Erik Erikson's theory of psychosocial development outlines eight stages that span across the entire lifespan, each characterized by a specific psychosocial crisis that must be resolved for healthy development. Of particular relevance to adolescence is Erikson's fifth stage, **identity vs. role confusion**.

During adolescence, individuals navigate the conflict between developing a coherent sense of self (identity) and experiencing uncertainty about their roles and future (role confusion). This stage is marked by explorations into various roles, values, and beliefs as adolescents strive to form a stable and consistent identity (Erikson 1963).

In *The Adventures of Huckleberry Finn*, Huck Finn exemplifies Erikson's stage of identity vs. role confusion as he grapples with conflicting societal expectations, personal beliefs, and moral dilemmas. Huck's journey down the Mississippi River represents a quest for personal autonomy and a search for an identity separate from the influences of his abusive father and the norms of Southern society. His evolving relationship with Jim, the runaway slave, challenges Huck's preconceived notions of race and morality, ultimately influencing his self-perception and moral growth (Erikson 1963).

By applying Erikson's stage theory to Huck's character, this theoretical framework sheds light on the developmental challenges and internal conflicts that shape his identity formation throughout the novel. It underscores the importance of navigating this stage successfully for achieving a cohesive sense of self and moral understanding.

Other Relevant Theories

In addition to Freudian and Eriksonian perspectives, several other psychoanalytic theories provide valuable insights into Huckleberry Finn's identity crisis in "The Adventures of Huckleberry Finn."

Object Relations Theory: Object relations theory, developed by psychoanalysts such as Melanie Klein and D.W. Winnicott, focuses on how early relationships and interactions with caregivers shape an individual's personality and sense of self. In Huck's case, his tumultuous relationship with his father, Pap, and his surrogate father-figure relationship with Jim, the runaway slave, play pivotal roles in his identity development. Object relations theory helps illuminate the emotional dynamics and attachment patterns that influence Huck's attitudes towards authority, trust, and intimacy (Klein 1932; Winnicott 1960).

Self-Psychology: Self-psychology, pioneered by Heinz Kohut, emphasizes the formation and maintenance of a cohesive selfstructure through empathic mirroring and idealization from significant others. Huck's journey can be analyzed through the lens of self-psychology, particularly in terms of his need for validation and understanding from Jim, who serves as a stabilizing and supportive presence amidst the chaos and uncertainty of his life (Kohut 1971). **Cultural-Historical Theory**: Cultural-historical theory, associated with Lev Vygotsky, examines how cultural and historical contexts shape cognitive and emotional development. Huck's identity crisis can be understood within the cultural milieu of the antebellum South, where racial tensions and societal norms profoundly impact his perceptions of self and others. Vygotsky's theory highlights the role of social interactions and cultural influences in shaping identity formation, offering insights into Huck's negotiation of his own identity amidst conflicting social expectations (Vygotsky 1978).

By integrating these psychoanalytic theories alongside Freudian and Eriksonian frameworks, this theoretical approach provides a comprehensive understanding of Huck's identity crisis and its implications for his moral growth and self-discovery throughout Twain's seminal work.

Analysis of Huck's Identity Crisis

Early Influences

Huckleberry Finn's early life is shaped significantly by his family background and the societal norms of the antebellum South, both of which contribute to his evolving identity and moral development in "The Adventures of Huckleberry Finn."

Family Background: Huck's family life is marked by instability and neglect. His father, Pap Finn, is depicted as abusive and irresponsible, embodying the worst aspects of the white Southern society of the time. Pap's influence on Huck is detrimental, as he embodies racism, violence, and a rejection of societal norms. Pap's absence early in Huck's life leaves him vulnerable to societal influences that promote racist attitudes and beliefs (Twain 1884).

Societal Norms: The antebellum South's societal norms deeply impact Huck's understanding of race, freedom, and morality. Huck grows up in a society where slavery is accepted and justified, influencing his initial attitudes towards Jim, Miss Watson's slave. These norms dictate not only his behavior towards Jim but also his internal conflicts when he begins to question the morality of slavery and his role in perpetuating it (Twain 1884).

By exploring Huck's early influences, including his tumultuous relationship with Pap Finn and his immersion in Southern societal norms, we gain insight into the internal conflicts and moral dilemmas that shape his identity crisis and journey toward moral understanding throughout the novel.

Moral Dilemmas

Throughout *The Adventures of Huckleberry Finn*, Huck Finn encounters numerous moral dilemmas that challenge his understanding of right and wrong, contributing significantly to his identity crisis and moral development.

One pivotal moral dilemma occurs early in the novel when Huck faces the decision of whether to help Jim, Miss Watson's runaway slave, escape to freedom. Initially indoctrinated with societal norms that view Jim as property rather than a human being, Huck grapples with conflicting feelings of loyalty to Jim, whom he grows to care deeply for, and loyalty to the Southern societal values that dehumanize Jim (Twain 1884).

Another critical moment arises when Huck receives a letter revealing Jim's whereabouts and must decide whether to betray Jim's trust by turning him in or continue aiding his escape. This dilemma forces Huck to confront his internalized beliefs about loyalty, friendship, and the implications of his actions on others' lives (Twain 1884).

These moral dilemmas are instrumental in shaping Huck's identity crisis as he navigates between the societal expectations imposed upon him and his growing awareness of Jim's humanity and inherent worth. Each decision challenges Huck to reassess his values, question authority, and ultimately forge his moral compass independent of societal norms.

By analyzing these key moments of moral conflict, we gain deeper insights into Huck's moral growth and the complexities of his identity formation amidst the turbulent social backdrop of the antebellum South.

Relationships

Huckleberry Finn's relationships with key characters in *The Adventures of Huckleberry Finn* play a crucial role in shaping his identity and moral development throughout the novel.

Jim: Huck's relationship with Jim, Miss Watson's runaway slave, is central to his journey of self-discovery. Initially conditioned by societal norms to view Jim as property rather than a person, Huck's interactions with Jim challenge these beliefs. As they embark on their journey down the Mississippi River, Huck gradually develops a deep bond with Jim, recognizing his humanity and forming a genuine friendship based on mutual respect and trust. Jim becomes a moral compass for Huck, guiding him through difficult decisions and prompting him to confront his internalized prejudices. Their relationship ultimately compels Huck to reevaluate his understanding of race, morality, and the complexities of human relationships (Twain 1884).

Tom Sawyer: Tom Sawyer, Huck's adventurous and imaginative friend, represents a contrasting influence on Huck's identity formation. Tom's romanticized notions of adventure and his adherence to societal codes of conduct often clash with Huck's practical and morally grounded approach. Despite their differences, Tom's influence on Huck highlights the tension between youthful idealism and practical realism in Huck's development. Tom's presence in Huck's life serves as a reminder of the societal pressures and expectations that Huck navigates as he matures and defines his own values (Twain 1884).

Through these relationships, particularly with Jim and Tom Sawyer, Huck undergoes significant emotional and moral growth. His interactions with Jim challenge his preconceived notions about race and humanity, while his friendship with Tom Sawyer reflects the broader societal influences shaping his identity. Together, these relationships contribute to Huck's complex identity crisis and underscore the novel's exploration of moral integrity, personal autonomy, and the search for authentic selfhood.

Internal Conflict

Huckleberry Finn's internal conflicts in *The Adventures of Huckleberry Finn*are a focal point of his identity crisis, reflecting key psychoanalytic concepts that illuminate his psychological development.

Freudian Concepts: Id, Ego, Superego

Huck's internal conflicts can be analyzed through Freudian psychoanalytic theory, particularly through the interplay of the id, ego, and superego. The **id**, representing his instinctual drives and desires, often manifests in Huck's impulsive actions and decisions. For instance, his decision to help Jim escape slavery is driven by compassion and immediate emotional responses rather than rational consideration of consequences (Freud 1923).

The **ego**, functioning as the mediator between the id and the external world, is evident in Huck's rationalizations and negotiations with his conscience. As he navigates the moral complexities of his actions, such as his internal struggle over whether to turn Jim in or continue aiding his escape, Huck demonstrates the ego's role in balancing his internal desires with external societal pressures (Freud 1923).

The **superego** internalized societal norms and moral standards influences Huck's internal conflicts regarding right and wrong. Initially conditioned to accept the institution of slavery and view Jim as property, Huck's evolving moral conscience, shaped by his interactions with Jim and his own reflections, challenges these ingrained beliefs. His moral growth throughout the novel reflects the superego's development and his increasing ability to differentiate between societal expectations and personal moral integrity (Freud 1923).

Eriksonian Stage: Identity vs. Role Confusion

Erik Erikson's stage of identity vs. role confusion is also reflected in Huck's internal conflicts. As he navigates his relationships with Jim, Tom Sawyer, and society at large, Huck confronts conflicting roles and expectations. His journey towards self-discovery and

moral autonomy underscores the developmental challenges of adolescence, where individuals seek to establish a cohesive sense of self amidst societal pressures and personal growth (Erikson 1963).

By analyzing Huck's internal conflicts through these psychoanalytic lenses, we gain deeper insights into his identity crisis and moral development in *The Adventures of Huckleberry Finn*. His psychological journey underscores the complexities of human nature and the enduring relevance of psychoanalytic theory in understanding character development in literature.

Huck's Search for Self: Journey and Growth

Huckleberry Finn's physical and psychological journey in *The Adventures of Huckleberry Finn* is a profound exploration of his search for self-amidst the complexities of 19th-century American society.

Physical Journey: Huck's physical journey down the Mississippi River serves as a metaphor for his quest for freedom and personal identity. Fleeing from his abusive father, Pap Finn, Huck embarks on a raft with Jim, Miss Watson's runaway slave. Their journey exposes Huck to the diversity of people and experiences along the river, challenging his preconceived notions and expanding his worldview. The river becomes a symbol of freedom and possibility, offering Huck a space to reflect on his own beliefs and values away from societal constraints (Twain 1884).

Psychological Journey: Concurrent with his physical journey, Huck undergoes significant psychological growth and introspection. Initially indoctrinated with Southern societal norms that justify slavery and marginalize African Americans, Huck's interactions with Jim challenge these beliefs. As their friendship deepens, Huck grapples with conflicting emotions of loyalty, guilt, and moral responsibility. His internal dialogue reflects a burgeoning moral conscience and a growing awareness of Jim's humanity, prompting him to confront the ethical dilemmas posed by slavery and his role in perpetuating it (Twain 1884).

Growth and Development: Throughout the novel, Huck matures emotionally and morally, navigating the complexities of right and wrong independently of societal influences. His decision to help Jim escape captivity, despite the risk of social condemnation and personal danger, marks a pivotal moment of moral autonomy and self-discovery. By defying societal norms and following his conscience, Huck asserts his individuality and asserts his moral integrity. His journey towards self-acceptance and moral clarity underscores the novel's central theme of personal autonomy and the pursuit of ethical truth (Twain 1884).

Huckleberry Finn's journey down the Mississippi River is not just a physical adventure but a profound exploration of his quest for self-understanding and moral growth. Through his experiences and relationships with Jim and other characters, Huck navigates the complexities of identity, morality, and societal expectations, ultimately emerging as a symbol of individual resilience and moral courage in the face of adversity.

Huck's Search for Self: Moments of Self-Realization

Huckleberry Finn's journey in *The Adventures of Huckleberry Finn is* marked by several significant moments of self-realization and personal growth, where he demonstrates increasing self-awareness and moral development.

1. Challenging Societal Norms: One early moment of self-realization occurs when Huck decides to help Jim, Miss Watson's runaway slave, escape to freedom. Despite growing up in a society that condones slavery and viewing Jim initially as property, Huck wrestles with his conscience and ultimately decides to follow his own moral compass. This decision marks a critical turning point in Huck's understanding of justice and human dignity, showcasing his defiance of societal norms and commitment to personal ethics (Twain 1884).

2. Moral Dilemmas: Throughout the novel, Huck faces numerous moral dilemmas that test his sense of right and wrong. One such dilemma arises when Huck receives a letter revealing Jim's whereabouts and must decide whether to betray Jim's trust or continue aiding his escape. In grappling with this decision, Huck confronts the complexities of loyalty, friendship, and the ethical implications of his actions. His internal struggle reflects his evolving moral conscience and his growing capacity for independent judgment (Twain 1884).

3. Relationship with Jim: Huck's relationship with Jim, his traveling companion down the Mississippi River, serves as a catalyst for his personal growth. As they share hardships and adventures together, Huck develops a deep bond with Jim, transcending societal barriers and recognizing Jim's humanity. Moments of empathy and mutual support between Huck and Jim highlight Huck's ability to see beyond racial prejudices and appreciate the intrinsic worth of individuals, irrespective of societal labels (Twain 1884).

4. Independence and Autonomy: Another moment of self-realization occurs when Huck decides to reject the constraints of civilization and instead opts for a life of freedom on the frontier. His rejection of societal norms and expectations underscores his desire for personal autonomy and independence, reflecting his growing self-confidence and defiance of societal constraints (Twain 1884).

5. Reflection and Growth: Throughout the novel, Huck engages in introspection and reflection, questioning his own beliefs and motivations. His internal dialogue reveals a maturing consciousness and a deeper understanding of the complexities of human nature and morality. These moments of reflection underscore Huck's journey toward self-awareness and his ongoing quest for personal integrity and moral clarity (Twain 1884).

Huckleberry Finn's moments of self-realization in *The Adventures of Huckleberry Finn* are pivotal in his journey towards selfdiscovery and moral maturity. Through his decisions, relationships, and introspective moments, Huck navigates the challenges of identity and morality, ultimately emerging as a symbol of individual resilience and moral courage in the face of societal pressures.

Huck's Search for Self: Resolution of Identity Crisis

The Adventures of Huckleberry Finn concludes with a nuanced resolution to Huck's identity crisis, reflecting his evolving understanding of morality, personal autonomy, and societal expectations.

1. Moral Autonomy: By the end of the novel, Huck demonstrates a remarkable journey towards moral autonomy and ethical integrity. His decision to help Jim escape slavery, despite the prevailing societal norms and the risk to his own safety, symbolizes Huck's rejection of institutionalized racism and his assertion of personal conscience. This pivotal act not only showcases Huck's moral growth but also solidifies his commitment to justice and human dignity (Twain 1884).

2. Rejection of Conformity: Throughout the novel, Huck grapples with the pressure to conform to societal expectations, particularly regarding race and social hierarchy. However, his experiences on the river and interactions with Jim compel Huck to question and ultimately reject these norms. By embracing a life of independence and freedom on the frontier, Huck asserts his individuality and resists the constraints of civilization that threaten his moral integrity (Twain 1884).

3. Personal Growth: Huck's resolution of his identity crisis is also marked by personal growth and emotional maturity. His relationship with Jim evolves from initial skepticism to deep friendship and mutual respect. Through their shared experiences and hardships, Huck learns empathy, compassion, and the ability to see beyond superficial distinctions of race and social status. These interpersonal dynamics contribute significantly to Huck's development as a morally conscious individual capable of independent thought and action (Twain 1884).

4. Ambiguity and Open-mindedness: Despite Huck's significant personal growth and moral resolution, the novel concludes with a sense of ambiguity regarding his future. The open-ended nature of the ending leaves room for interpretation and reflection on Huck's ongoing journey toward self-discovery and moral understanding. This ambiguity underscores the complexity of Huck's character and the enduring themes of identity, morality, and societal critique explored throughout Twain's narrative (Twain 1884).

The Adventures of Huckleberry Finn portrays Huck's resolution of his identity crisis as a multifaceted journey towards moral autonomy, personal growth, and defiance of societal norms. Through his actions, relationships, and introspective moments, Huck emerges as a symbol of individual resilience and moral courage, challenging readers to consider the enduring relevance of his quest for authenticity and ethical truth.

III. CONCLUSION

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In *The Adventures of Huckleberry Finn*, Huckleberry Finn's journey serves as a profound exploration of adolescent identity formation amidst the complexities of 19th-century American society. Through his physical and psychological journey down the Mississippi River, Huck confronts moral dilemmas, navigates interpersonal relationships, and ultimately resolves his identity crisis through acts of moral autonomy and personal growth. His evolving understanding of morality, rejection of societal norms, and deepening empathy towards others highlight his transformation from a naive boy influenced by societal prejudices to a morally conscious individual capable of independent thought and action (Twain 1884).

Implications

The analysis of Huck's character has significant implications for understanding adolescent identity formation in literature. Huck's journey reflects the universal struggles faced by adolescents as they navigate conflicting societal expectations, personal beliefs, and moral dilemmas. His quest for self-discovery underscores the importance of empathy, critical reflection, and the development of a cohesive sense of self amidst societal pressures. By examining Huck's experiences, readers gain insights into the complexities of identity formation during adolescence and the enduring relevance of ethical considerations in shaping one's moral compass.

Future Research

Future research could explore additional dimensions of Huck's character and narrative impact. Areas for further exploration include:

- 1. **Intersectionality and Identity**: Investigating how Huck's identity as a white boy intersects with race, class, and gender dynamics in the novel.
- 2. **Narrative Techniques**: Analyzing Twain's narrative techniques and their influence on portraying Huck's psychological development and moral growth.
- 3. **Comparative Studies**: Comparing Huck's journey with other literary characters facing similar identity crises to identify common themes and unique narrative approaches.
- 4. **Contemporary Relevance**: Examining the relevance of Huck's moral dilemmas and quest for authenticity in contemporary society, considering issues of social justice, individual rights, and cultural diversity.

By delving deeper into these areas, scholars can enrich our understanding of Huck's character, the novel's thematic depth, and its broader implications for literature and adolescent development.

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